

## 30 N. Mills Wellness Committee

Total Steps for Month of September (2017)

Goal = 5,000,000

CHALLENGE STREET **Stepped** = 6,252,440 !!! Each box is 1,000 steps (15 minute walk) 5 Million Steps 5,000,000 steps 2,500 miles 1,193,440 STEPS 1,193,440 Week 4 3,750,000 steps -1,875 miles +135,000 STEPS 1,385,000 Week 3 2,500,000 steps -1,250 miles 1,250,000 goal + 603,000 STEPS 1,853,000 Week 2 1,250,000 steps -625 miles 1,250,000 goal STEPS 1,821,000 Week 1

Steps/Floor Board ALL





62,000

steps/row